



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

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| School Name & Location Number: | Silver Bluff Elementary |
| Principal: | Mayra Barreira |
| Phone Number: | (305) 856-5197 |
| School Wellness/Healthy School Team Leader: | Christina Garcia, AP |
| School Wellness/Healthy School Team Committee Members: (please provide names for the following) | M. Barreira, L. Germroth, I. Gomez, C. Garcia, S. Fernandez, J. Meyer A. Morales, S. Eidingen, G. Dullius, K. Messado, |
| Committee Meeting Dates: | 12/8/2021 (EESAC), 1/12/2022 (Safety/Curriculum Mtg), 2/9/2022 (EESAC), 3/16/22 (Faculty Mtg), 4/12/22 (Leadership Mtg). |
| ACTION PLAN | |
| School Wellness/Healthy School Team Goal: (Select all that apply) | <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare |
| Steps to Achieve School Wellness/Healthy School Team Goal: | Nutrition * Promote the Free breakfast and good eating habits. Physical Education * Fitnessgram Testing |

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| | <p>Physical Activity</p> <ul style="list-style-type: none"> ✦ Fit to Achieve Annual Event <p>Health and Nutrition Literacy</p> <p>Preventive Healthcare</p> <ul style="list-style-type: none"> ✦ Wellway Wellness Program ✦ Nurse-Led Discussions at Faculty Meetings |
| Community Engagement: | <ul style="list-style-type: none"> ✦ Dream in Green Challenge ✦ Fairchild Garden Challenge ✦ Increase business partnerships in the local area |
| Monitoring and Evaluation: | <ul style="list-style-type: none"> ✦ Meeting sign-in sheets, committee agendas ✦ Teacher participation certificates ✦ Student participation certificates ✦ Advertise more to increase future volunteers |
| <p>Other Activities:</p> <p>If applicable, attach supporting documentation (e.g. event flyer)</p> | <ul style="list-style-type: none"> ✦ Environmental Club: meets monthly ✦ Youth Crime Watch: meets monthly (see school calendar) |