



For mental health-related questions, assistance, and/or concerns:

reach us at our Parent Assistance Line (305) 995-7100

If you feel your child may harm themselves or others, please call:

First Call for Help: 2-1-1 Helpline (24/7)

National Suicide Prevention Lifeline: 1-800-273-TALK(8255)

Or Text

National Crisis Text Line: 741741

Family/Community Resources

United Way Miami of Miami-Dade

<https://unitedwaymiami.org/coronavirusresources/>

Jewish Community Services South Florida

<https://jcsfl.org/services/helpline/>

The Children's Trust

<https://www.thechildrenstrust.org/>

National Alliance on Mental Illness

<https://www.nami.org/Home>

Children's Bereavement Center

<https://childbereavement.org/>

Kristi House Children's Advocacy Center

<https://kristihouse.org/>

Thriving Mind of South Florida

<https://www.thrivingmind.org/>